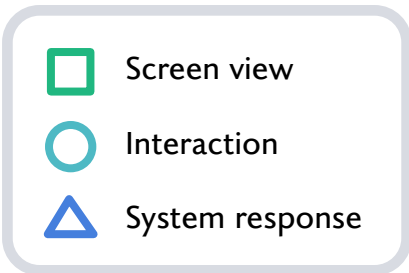
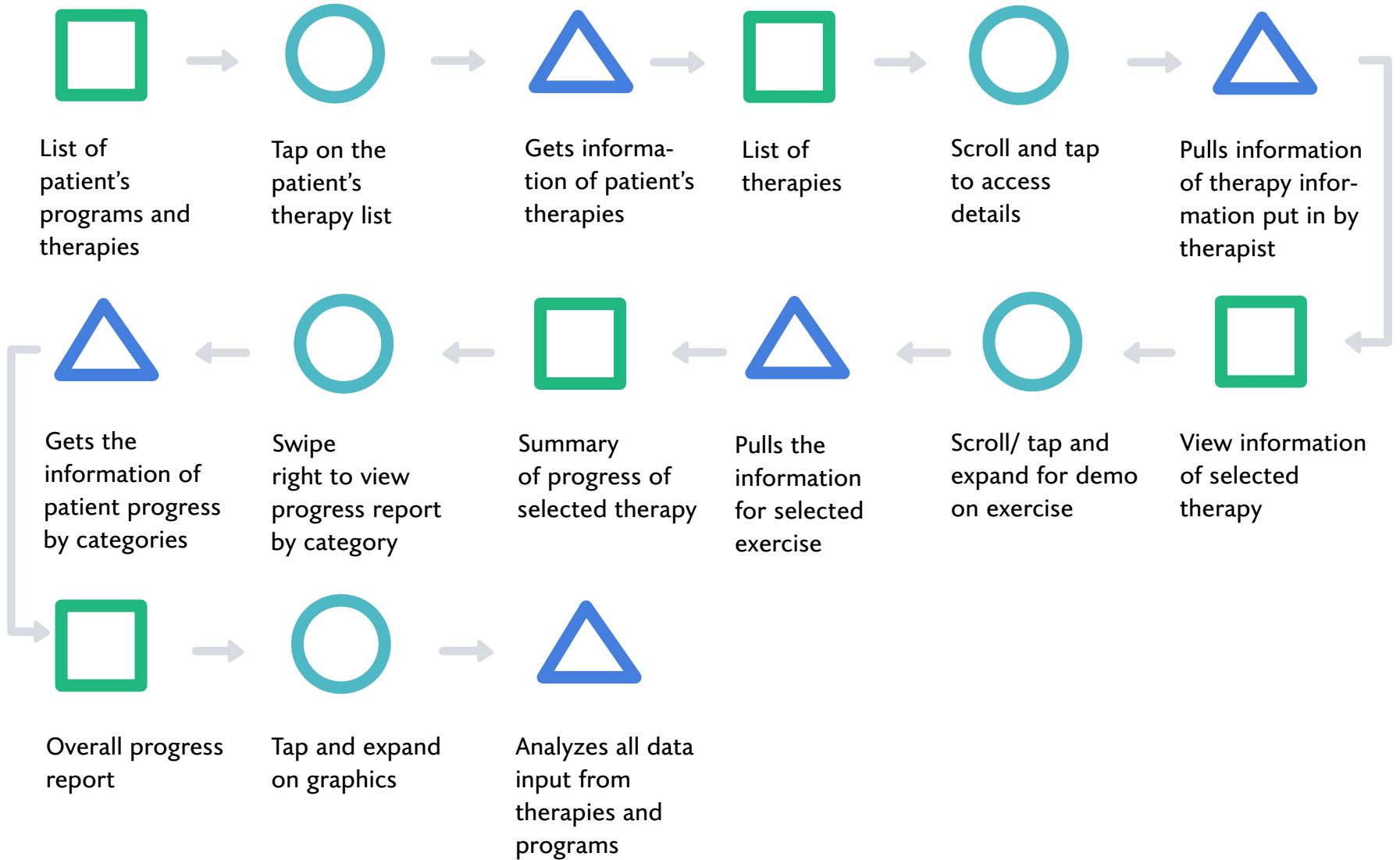
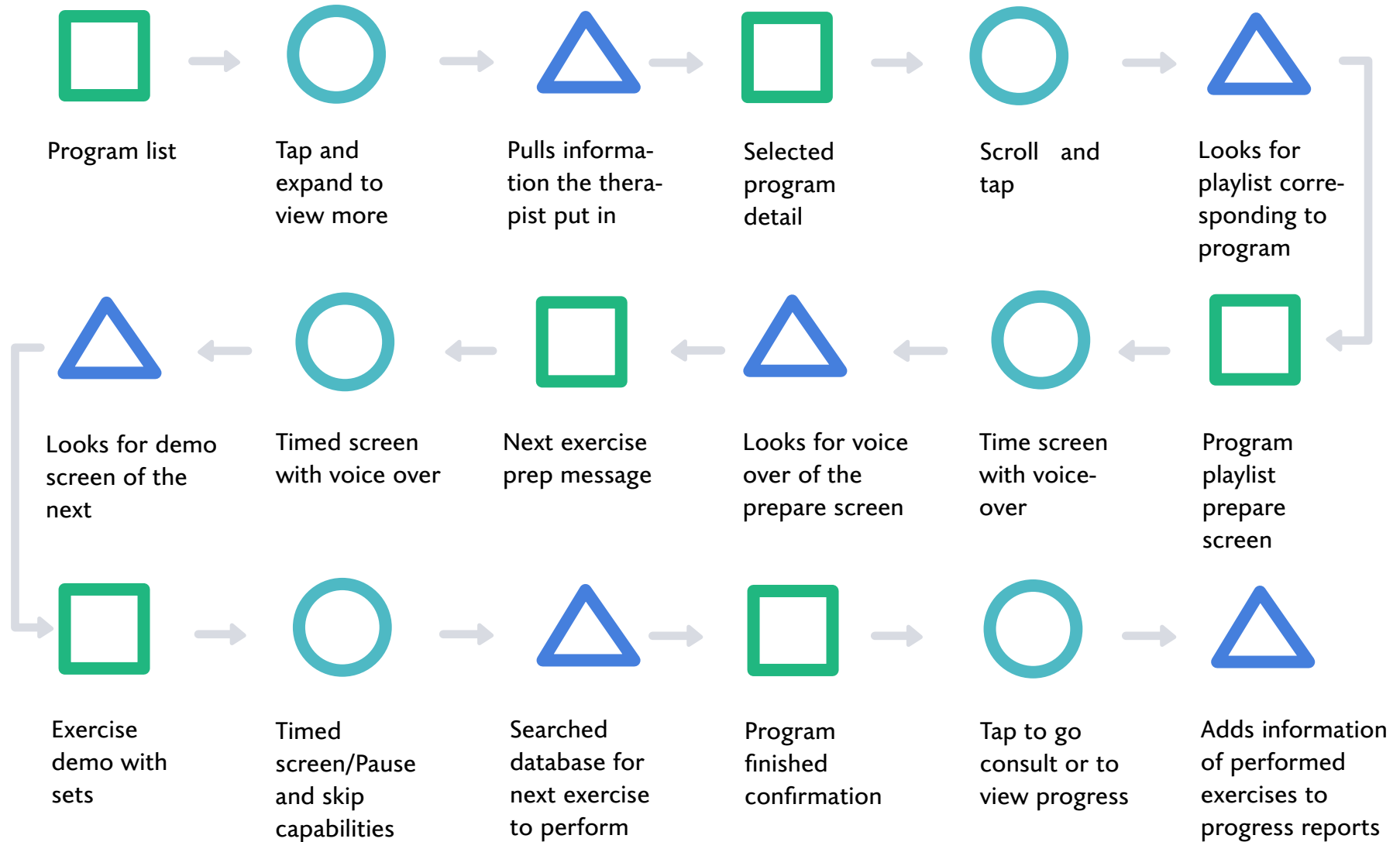


FLows

Pain point: I don't know what my progress is so far.



Pain point: Lack of knowledge on exercises to perform as aftercare program.



Pain point: Lack of communication when doing exercises at home



Pain point: Lack of knowledge on exercises.

